

Reflections for teachers

The following is a tool for teachers to use to help them to identify what they are already doing in their practice in relation to **HEADSUP** and to consider what they might consider stopping or starting.

Identify awareness of and challenge the patterns - educational practices	Notes/Ideas/Connections to my practice	What might I continue/start/stop in my practice?
<p><i>In my teaching, how can I raise inherited and taken-for-granted power relations? Do I identify mainstream discourses and marginalised perspectives/ norms and trends? (Hegemony)</i></p>		
<p><i>In my teaching, can lessons address that there are other logical ways of looking at the same issue framed by different understandings of reality/ experiences of the world? (Ethnocentrism)</i></p>		
<p><i>In my teaching, how can I avoid treating an issue out of context as if it just happened now? How are today's issues tied to on-going local and global trends/patterns/ narratives? (Ahistoricism)</i></p>		
<p><i>In my teaching, how can I ensure issues are not treated as if they are politically neutral? Who is framing the issue and who is responsible for addressing it? Who are the agents of change and what mechanisms for change are available? (Depoliticisation)</i></p>		
<p><i>In my teaching, how can we take up good intentions to want to help others through generosity and altruism without reinforcing an us/ them, saviour/victim relationship? (Salvationism)</i></p>		
<p><i>In my teaching, how can we address people's tendency to want a quick fix? How can we grapple with the complexities, root causes, and lack of easy solutions? (Uncomplicated Solutions)</i></p>		
<p><i>In my teaching, how can we put aside our egos and self-interest? Are we open to being wrong, to not being the ones who know best? (Paternalism)</i></p>		